

Grove Park Deli

Cold Mains Menu

Poultry

Chicken w/ Mediterranean chard grilled vegetable with pesto	£6.95
Moroccan chicken salad w/ roasted aubergine, preserved lemons and coriander	£6.95
Coronation chicken in a mild curry mayo w/ almonds and raisin	£6.95
Chicken and bacon caesar with croutons	£6.95
Sticky chili chicken bites on a Thai noodle salad	£6.95
Marinated chicken breast w/herbs, lemon & garlic on roasted peppers w/tzatziki dip	£7.25
Greek marinated chicken with tzatziki	£6.95
Trio of chicken skewers: satay with peanut sauce, sticky chilli and lemon & herb	£7.45
Sliced duck breast with plum sauce on a bed of noodles	£10.95

Meat

Rare roast beef topside with salsa verde (200g uncooked)	£7.25
Black Angus 28-day aged fillet w/herb crust and truffle remoulade (200g uncooked)	£22.00
Beef teriyaki on pak choi & noodles	£10.25
Deli glazed ham w/ chutney	£22.50/kg
Platter of turkey, beef and ham with poacher's pickle (180/200g of cooked meat)	£7.95

Fish

Pesto crusted salmon	£7.95
Poached salmon w/ spiced mango salsa	£7.95
Poached salmon caesar	£7.95
Salmon au crouete, stuffed with spinach, herbs and rice, served with lemon mayo	£7.95
Whole boneless salmon stuffed with herbs, lemon rice, pickle cucumber & lemon mayo	tbc
Chili tiger prawns on a noodle salad	£10.95
"Tonno e Fagioli" French & white beans & tuna with a hint of chili	£7.95
Fish Platter: crab pate w/crostini, prawns w/marie rose, smoked salmon w/horseradish, hot smoked mackerel	£11.95

Vegetarian - £4.95 per portion

Couscous & aubergine en crouete w/ spicy fruit and feta cheese	
Spinach, feta & pine nut filo tart	
Italian baked aubergine stuffed w/ roasted Mediterranean vegetables & mozzarella	
Stuffed red pepper w/ courgette, cherry tomato, black olive, goats cheese & pesto	
Roast butternut squash stuffed w/ bulgur, basil & roasted Mediterranean vegetable (vegan)	
Char grilled ratatouille with olives, capers, crumbed feta & pine nuts	
Roast butternut squash bake w/bulgur, basil, roasted Med veg, butter beans, fennel & tomato (vegan)	

Quiches

6 Or 10/12 portion

£18 / £29

Spinach, feta and pine-nut / Leek and Gruyere / Caramelized onion, thyme and Gruyere /
Roast peppers, red onion w/ goat cheese / Roasted tomato, basil and Parmesan / Wild mushroom, thyme
& parmesan / Traditional quiche lorraine / Salmon with asparagus

Frittata (gluten free) one size for 10 or 12 portions £29

Spinach, feta & pine-nut / Green pea, mint & feta / Artichoke, courgette, cherry tomato & feta /
Roasted tomato, basil & mozzarella / Sweet potato, chili & goats cheese/ Chorizo, red pepper & parmesan

FOOD ALLERGIES AND INTOLLERENCES

Before ordering please speak to our staff about your requirements

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