

Grove Park Deli

ON THE COUNTER 30th September

Salmon & dill fishcakes	6.50
Beef Sali boti curry w/rice	7.00
Veggie enchiladas	6.50
Veggie pau bhaji curry w/chapati & rice	6.50
Parmigianna, roast aubergine baked w/Italian tomato sauce, parmesan & mozzarella	
Arancini rice balls w/tomato & mozzarella(2)	6.50
Breaded chicken w/new potato salad	7.00
Beef lasagne	7.00
Spicy Thai sweet potato & coconut soup	3.85
Cheese, onion & cherry tomato quiche slice	3.75
Tomato, olive & parmesan frittata slice	3.75
Salads: small £ 4.25 medium £5.85 large £10.95	
French bean, mange tout, hazel nut & orange	
Crunchy slaw	
Barley, squash & spinach	
Cumberland sausages	3.95
Smoked bacon	4.80
Traditional Scotch egg / chicken & chorizo	3.95
Chicken samosa / Veggie samosa	2.35
Pork pie	4.50
Pies: Spinach, feta & red pepper pie	4.50
Chicken & ham hock pie / Beef pie	
Spinach, feta & pine nut roll	3.95
Sausage roll - large £4.35 / small	2.75
Deli ham 100g	2.35
Mixed antipasto meats 120g	5.75
Prosciutto 100g	3.40
Cooking chorizo 300g Hot / Mild	6.45
Crab claw meat	17.00
Seafood salad	5.60
Truffle salami 125g	4.25
Smoked salmon 200g	9.75
Cakes and Pastries	
Almond croissant £1.95 / Plain croissant	1.45
Pain au raisin £1.85 / Orange & almond cake	2.95
Chocolate brownie £3.75 / Carrot cake	3.75

Dairy

Unsalted butter	2.35
Semi-skimmed milk	1.40
Double cream - 250ml	1.00
6 Eggs	2.85
Fruit yoghurts	1.95
Authentic Greek yoghurt 1kg	4.95

Cheeses

Brie de Meaux 100g	2.65
Buffalo mozzarella 125g	2.30
Burrata 125g	3.50
Cashel blue 100g	2.95
Comte 100g	2.95
Emmental 100g	1.75
Feta - pack	5.95
Gorgonzola 100g	2.45
Halloumi - pack	3.85
Lincolnshire poacher 100g	2.75
Montgomery cheddar 100g	3.35
Parmesan 200g	6.15
Rosemary manchego 100g	3.35
Stilton 100g	2.79
Taleggio 100g	2.55

Bread

Small granary - unsliced	1.95
Large granary / large wholemeal	3.40
Campailou	2.75
Large white	3.30
Fruit Juices	
Apple & Elderflower OR Apple juice	3.20

Other

Basil pesto 160g	3.30
Semi dried cherry tomatoes 200g	4.30
Gazpacho litre	4.29
Hummus £1.90 / Taramasalata	1.90

FRUIT & VEG PRICES 28th September			
VEGETABLES		SALAD	
Asparagus	£2.95 per bunch	Avocado	£1.60 each
Aubergine	£1.95 per kg	Celery	£1.55 each
Beetroot	£2.95 per kg	Cucumber	80p each
Broccoli	£2.50 per kg	Lettuce/Little gem	£1.50
Broccoli - tenderstem	£1.90 per pack	Lettuce/Cos	£1.55 each
Butternut squash	£2.05 per kg	Lettuce/Radicchio	£1.50 each
Carrots - donkey	£1.20 per kg	Peppers/Red	£2.55 per kg
Cauliflower	£1.60 each	Peppers/Yellow	£2.55 per kg
Celariac	£2.10 each	Spinach	£1.20 per 200g bag
Courgette	19p per 100g	Spring onions	£0.95
Fennel	£2.80 per kg	Rocket	£1.25 per 125g bag
Fine Green Beans	£2.40 per 250g bag	Tomatoes/Vine	38p per 100g
Leeks	£3.40 per kg	Tomato/Cherry/Vine	£1 per 100g
Mange Tout	£2.40 per 250g bag		
Mushrooms/Button	£0.33 per 100g	FRUIT	55p each
Mushrooms/Flat field	£0.39 per 100g	Apples/Gala	£2.55 per punnet
Mushrooms/Chestnut	£0.39 per 100g	Berries/ Blueberry	£2.95 per punnet
Mushrooms/Oyster	£0.55 per 100g	Berries/Raspberry	£2.95 per punnet
Onions/Red	£1.90 per kg	Berries/Strawberries	35p each
Onions/Brown	£1.45p per kg	Easy peelers	60p each
Onions/Shallots	£4.70 per kg	Grapefruit/pink	£2.20 per punnet
Parsnips	£2.95 per kg	Grapes/red	38p each
Potatoes/Large loose	£1 per kg	Kiwi	45p each
Potatoes/ Sweet	£1.85 per kg	Lemon	45p each
Potatoes/New	£1.90 per kg	Limes	£1.70 each
Potatoes/New/Norfolk	£1.90 per kg	Mango	70p each
Sugar snaps	£2.40 per 250g bag	Nectarines	60p each
		Oranges/Large	70p each
OTHER/HERBS		Passion fruit	70p each
Basil	£1.50 per bunch	Peaches/round	50p each
Chilli's	£6 per kg	Pears - Conference	50p each
Coriander	£1.50 per bunch	Plums	£1.90 each
Dill	£1.50 per bunch	Pomegranate	40p each
Garlic	£1.20 per bulb		
Ginger	£6.50 per kg		
Mint	£1.50 per bunch		
Parsley	£1.50 per bunch		