

Grove Park Deli

ON THE COUNTER: Saturday 17th October

Ham hock w/mustard mash, cabbage & bacon & a parsley sauce	£6.50
Parmigianna, roast aubergine baked with tomato sauce, parmesan & mozzarella	£5.95
Beef lasagne	£6.45
Traditional beef & vegetable stew w/mash	£6.95
Shepherds pie topped w/creamy mash	£4.50
Chicken Provençale w/rice or mash	£6.95
Arancini-Wild mush & gorgonzola risotto ball	£3.95
Spicy tomato & apple soup	£3.75
Quiche Lorraine slice	£3.55
Mushroom, tom, courgette & cheddar frittata	£3.55
Salads: Sm £4.25, Med £5.85, Lge £10.50	
Virgin Niçoise	
Heathy freekeh salad	
Roasted cauli, chickpea, almond & yoghurt	
Tom's Pies / Chicken, ham hock & leek steak & ale	£4.50
Traditional Scotch eggs / chicken & chorizo	£3.95
Spinach, feta & pine nut roll	£3.25
Sausage roll - large £3.95 / small	£2.25
Pork pie top w/caramelised onion & cheddar	£4.25
Samosas: Chicken or Vegetarian	£1.35
Pate: Chicken liver w/brandy & herbs 100g	£3.80
Chicken liver w/Cointreau & orange 120g	£3.80
Duck with apricot 100g	£4.60
Smoked salmon pate	£4.95
Deli ham 100g	£2.35
Cumberland sausages	£3.95
Dry cured smoked / unsmoked back bacon	£4.80
Mixed antipasto meats 120g	£5.75
Prosciutto 100g	£3.40
Cooking chorizo 300g Hot / Mild	£6.45
Crab claw meat 141g	£5.50
Seafood salad	£5.60
Salami Milano 125 g	£3.40
Truffle salami 125g	£4.25
Smoked salmon 200g	£7.50
Whiskey smoked salmon 100g	£6.50
Cakes and Pastries	
Almond croissant £1.85 / Plain croissant	£1.20
Pain au raisin £1.60 / Orange & almond cake	£2.45
Chocolate brownie £3.25 / Carrot cake	£3.55

Dairy

Unsalted butter	£2.35
Semi-skimmed milk	£1.40
Double cream - 250ml	£1.00
6 Eggs	£2.85
Fruit yoghurts	£1.95
Natural yoghurt 1kg	£6.50
Cheeses	
Halloumi - pack	£3.85
Feta - pack	£5.95
Montgomery cheddar 100g	£3.35
Lincolnshire poacher 100g	£2.75
Rosemary manchego 100g	£3.35
Brie de Meaux 100g	
Gorgonzola 100g	£2.45
Taleggio 100g	£2.55
Stilton 100g	£2.79
Cashel blue 100g	£2.95
Buffalo mozzarella	£4.35
Burrata 125g	£2.80
Sicilian white pecorino 200g pack	£5.60
Italian truffle pecorino - 200g pack	£7.65
Fresh blue cheese & truffle ravioli 250g	£7.95
Montenegro goats cheese 100g	£3.50
Emmental	£2.25
Comte 100g	£2.95
Parmesan 200g	£6.15
Bread	
Small granary - unsliced	£1.95
Large granary / large wholemeal	£3.40
Campaillou	£2.75
Large white	£3.30
Fruit Juices	
Apple & Elderflower OR Apple juice	£3.20
Other	
Guacamole 200g	£2.90
Hummmus 170g	£1.90
Taramasalata 170g	£2.50
Tzatziki 200g	£1.90
Basil pesto 160g	£3.30
Semi dried cherry tomatoes 200g	£4.30
White anchovies 245g	£5.60
Gazpacho litre	£4.29
Tinned olives 350g	£2.95

FRUIT & VEG PRICES 13th October			
VEGETABLES		SALAD	
Asparagus	£2.95 per bunch	Avocado	£1.70 each
Aubergine	£3.20 per kg	Avcado - large	£1.95 each
Beetroot	£1.80 per kg	Celery	£1.95 each
Broccoli	£3.80 per kg	Cucumber	£0.95 each
Broccoli/Purple sprouting	£0.75 per 100g	Lettuce/Baby Gem	£1.95 each
Broccoli/Tenderstem	£2 per bag	Lettuce/Cos	£1.75 each
Butternut Squash	£1.90 each	Lettuce/Oak Leaf	£1.95 each
Cabbage/Red	£1.45 each	Lettuce/Romaine	£2.25 each
Cabbage/White	£1.70 each	Peppers/Red	£5.50 per kg
Cabbage/Savoy	£2.10 each	Peppers/Yellow	£5.50 per kg
Carrots - donkey	£1.70 per kg	Radish	£1.50 per bunch
Carrots - bunch	£1.50	Spinach	£2 per bag
Carrots - rainbow	£3 per kg	Rocket	£1.55 per 50g bag
Cauliflower - small	£1.75 each	Spring Onions	95p per bunch
Cauliflower - large	2.65 each	Tomatoes/Cherry - loose	£4.50 per kg
Celeriac	£3 each	Tomatoes/Vine	£3.80 per kg
Chard	£2.20 per kg	Tomato/Plums	£3.80 per kg
Courgette	£3.25 per kg	Tomato/Cherry/Vine	£0.75 per 100g
Fennel	£4.10 per kg	FRUIT	
Fine Green Beans	£2.40 per 250g bag	Apples/Cooking	£1.05 each
Leeks	£2.80 per kg	Apples/Eating	55p each
Mange Tout	£3.25 per 250g bag	Bananas	£1.95 per kg
Mushrooms/Button	£4.50 per kg	Berries/ Blueberry	£2.40 per punnet
Mushrooms/Chestnut	£5 per kg	Berries/Raspberry	£2.95 per punnet
Mushrooms/Field	£5.30 per kg	Berries/Strawberry	£3.95 per punnet
Onions/Banana Shallot	£5.00 per kg	Grapefruit	£1.20 each
Onions/Red	£1.90 per kg	Grapefruit/Pomelo	£3.10 each
Onions/Spanish	1.45p per kg	Grapes	£2.60 per bunch
Pak choi	£2.85	Kiwi	75p each
Potatoes/Cyprus	£1.25 per kg	Lemon	45p each
Potatoes/Large loose	£1 per kg	Limes	45p each
Potatoes/ Sweet	£3.70 per kg	Mango	£2.95 each
Potatoes/New	£1.90 per kg	Melon/Galia	£3.75 each
Potatoes/Heritage	£3.80 per kg	Melon/Cantaloupe	£3.25 each
Squash/Harlequin	£3.20 per kg	Melon/Honeydew	£2.75 each
Sugar Snaps	£3.25 per 250g bag	Melon/Water - quarter	£1.75
OTHER/HERBS		Nectarines	75p each
Basil	£1.50 per bunch	Oranges/Large	90p each
Chilli's	£12 per kg	Passion fruit	70p each
Coriander	£1.50 per bunch	Peaches	75p each
Dill	£1.50 per bunch	Pears - William	75p each
Garlic	approx. £1.20 bulb	Pineapple	£3.50 each
Ginger	£6 per kg	Plums	60p each
Lemon grass	£1.95 per bunch	Pomegranate	£3.40 per kg
Mint	£1.50 per bunch	Rhubarb	£9.50 per kg
Parsley	£1.50 per bunch	Satsumas	£0.65 each