

# Grove Park Deli

## Salads Menu

Using the finest ingredients purchased daily from  
Covent Garden Market

### Potato Salads

Baby new potatoes, caper berries, red onion w/ sherry vinegar and olive oil

Salad of baby new potatoes w/ sun-dried tomato, red onion and basil

Baby new potatoes w/ crème fraiche, mustard dressing, pickled gherkins, chili & radishes

### Vegetarian Salads

Cherry, plum & vine tomato salad w/ fresh basil, olive oil & balsamic

Char-grilled cauliflower w/cherry tomato, baby spinach, dill with caper dressing

Spicy chickpea salad w/ roasted vegetables, harissa and fresh herbs

Crunchy slaw w/ apple, raisins, pomegranate, sunflower seeds, w/ fennel seed dressing

Mango and cashew nut slaw w/ lime and hint of chili

Fine French beans, mange tout w/ hazelnuts and zest of orange, hazelnut oil, chives & a hint of garlic

Big Green w/ broccoli, green beans, shaved fennel, shallot radish and pumpkin seeds

Mediterranean salad, green beans, olives, chickpeas, cherry toms & feta w/a lemon oil & mustard dressing

Beetroot, roasted sweet potato & goats' cheese with a mustard dressing

Virgin Niçoise

Greek salad w/ feta, olives, red onion and fresh mint

Moroccan style couscous salad w/ roasted vegetables and fresh herbs

Roasted Mediterranean vegetables pasta salad, rocket, basil and Parmesan

Roasted butternut squash, barley, courgette, herbs with a pomegranate and molasses dressing

Deli Broccoli & cucumber, red onion, peas, broad beans, roasted fennel and a grain mustard dressing

Quinoa with chickpeas, peppers, cucumber, onions w/a garlic, lemon & harissa dressing

Healthy freekeh w/cucumber, peppers, red onion, edamame, cherry toms, carrot & a garlic & lemon dressing

### Fish, Meat & Other Salads

Tomato & mozzarella salad w/a basil dressing

Pasta salad w/ sautéed mushrooms, bacon, rocket, basil and Parmesan

Spring vegetable and ham hock salad w/ mustard dressing and fresh mint

Smoked chicken pasta salad w/ Mediterranean vegetables, rocket, basil and parmesan

Fresh tuna steak salad Niçoise

### **FOOD ALLERGIES AND INTOLLERENCES**

**Before ordering please speak to our staff about your requirements**

Grove Park Deli

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