

All £4.95 per portion



## Minimum order 6 portions

Roasted vegetable & humus pie

Spiced brown rice, mushroom, roasted fennel and leek en croute, with cream cheese, boiled eggs & fresh herbs Couscous & aubergine en croute w/ fruit, spicy & goat cheese

Spinach, feta & pine nut filo tart

Melty mushroom Wellington

Spiced lentil burger w/ tomato & rocket salad w/ curry mayo

Spiced parsnip & vegetable cakes w/ a yogurt dip

## Minimum order 4 portions

Moussaka w/ roast Aubergine, puy lentil, red pepper & potato Lasagne w/ spinach, courgette, mushroom & ricotta Root vegetable cottage pie

Parmigianna, roast aubergine baked w/ Italian tomato sauce, Parmesan & mozzarella



Italian baked aubergine w/ roasted Mediterranean vegetables & Mozzarella Couscous-crusted aubergine stuffed w/cream cheese, harissa & almond served w/tomato & pepper salsa Roast butternut squash w/ bulgur, basil & roasted Mediterranean vegetable feta Stuffed red pepper w/ courgette, cherry tomato, black olive, goat cheese and pesto Stuffed mushroom w/ spinach, garlic, ricotta & Parmesan



Roasted fennel, artichoke, sun-dried tomato and rocket Wild mushroom & thyme Roast butternut squash, leek Saffron, lemon & green peas



Sri Lankan curry w/ coconut milk
Chickpea & aubergine tagine
Multi-vegetable Paella
Stuffed butternut squash w/ roasted Mediterranean vegetable, basil & bulgur wheat
Ultimate veggie chilli w/ kidney, black beans, peppers, corn & cashews nut